

Building Healthier Families & Communities

Unity in **ACTION** Magazine

Serving East Central Illinois
Vol. 1, Issue 3

ELECTION NOV. 2, 2010

**I Just Want to Be
Successful!**

**Unemployed?
Search for**

**Health Series:
Child Obesity**

Blacks Struggle for Jobs

International Jobs

Our Future at Risk

Winner of 2010 Social Entrepreneurship Innovation Award

SAVE THE DATE



CAMPUS COMMUNITY SYMPOSIUM

CAMPUS DAY

WHAT: PRESENTATIONS AND ROUND-TABLE DISCUSSIONS ON:

THE PAST PRESENT AND FUTURE OF CAMPUS-COMMUNITY ENGAGEMENT AND RESEARCH;

AWARD CEREMONY FOR DIFFERENCE MAKERS IN OUR COMMUNITY;

THE ETHICS AND METHODS OF CAMPUS-COMMUNITY PARTNERSHIPS AND ENGAGEMENT;

RELEASE PARTY AND DISCUSSION OF OPENING UP THE UNIVERSITY - A FREE

PUBLICATION BRINGING TOGETHER DOCUMENTATION OF OVER 40 RECENT CAMPUS-COMMUNITY RESEARCH, ENGAGEMENT AND PARTNERSHIP PROJECTS.

WHERE: GRADUATE SCHOOL OF LIBRARY AND INFORMATION SCIENCE, 501 E. DANIEL ST. CHAMPAIGN, IL (HELP WITH PARKING AVAILABLE)

WHEN: NOVEMBER 5, 9 A.M. TO 5 P.M.

COMMUNITY DAY

WHAT: ROUND-TABLE DISCUSSIONS ON THE USE OF DIGITAL TECHNOLOGY FOR:

COMMUNITY GROUPS,

RELIGIOUS INSTITUTIONS,

SOCIAL SERVICE AGENCIES,

EDUCATION,

COMMUNITY CENTERS,

MEDIA AND HISTORY,

SOCIAL JUSTICE,

AND MORE!

LET'S SHARE OUR SUCCESSES AND OUR FRUSTRATIONS WITH DIGITAL TECHNOLOGY SO WE AS A COMMUNITY CAN LEARN AND GROW TOGETHER!

WHERE: DOUGLAS ANNEX, 804 NORTH 5TH STREET, CHAMPAIGN

WHEN: NOVEMBER 6, 9 A.M. TO 5 P.M.



ALL ARE INVITED AND ENCOURAGED TO ATTEND BOTH DAYS! FREE FOOD AND REFRESHMENTS FOR INDIVIDUALS WHO RSVP ONLINE BY NOVEMBER 1 ([HTTP://WWW.EBLACKCU.NET](http://www.eblackcu.net)). CONTACT INFORMATION: NOAH LENSTRA, [NLENSTR2@ILLINOIS.EDU](mailto:nlenstr2@illinois.edu), (815) 275-0268, JOIN US ON FACEBOOK

SYMPOSIUM ORGANIZED BY THE EBLACKCU PROJECT, AN INITIATIVE OF THE COMMUNITY INFORMATICS RESEARCH LAB WITH FUNDING AND SUPPORT BY THE UNIVERSITY'S OFFICE OF THE VICE CHANCELLOR FOR PUBLIC ENGAGEMENT.



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Letter From the Editor

GET OUT TO VOTE NOV. 2!

I know how uncomfortable or inconvenient some may feel. But, just think how people felt going to vote during the civil rights days.

As a community, we have to make our position relevant. Having a large number of people turn out to vote is one of the ways of proving that.

Tanya Parker

Tanya Parker,
 Founder/Publisher/Editor



unityinactionma



unitymag
 unity in action magazine
 Tanya Parker

Mission Statement

The mission of Unity in Action Magazine is to help build stronger families and communities. We believe that through open dialogue, education, and information together we can raise awareness to concerns, inspire, and start to offer solutions. We encourage you to join our online community to share your videos, ideas, events, and articles.

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Your Voices

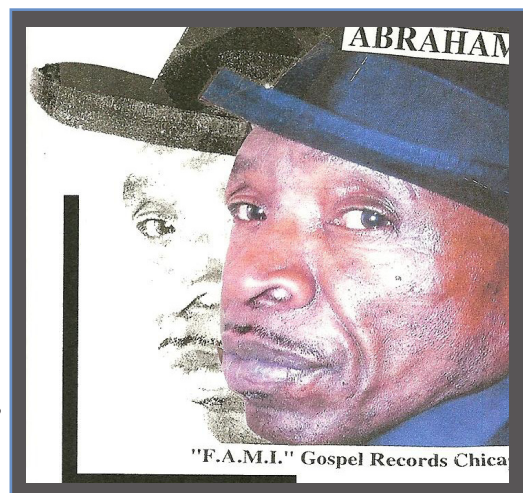
Your voice matters! Submit your ideas, comments, and poems to myvoice@unityinactionmagazine.com.



“I just wanna be the best and if u holding me back. I gots to drop ya. Don't be mad just charge it to the game!!”
Words spoken by E-Dog.

**BLUES ARTIST ABRAHAM
HIT SONG:
“I DON'T LIKE RAP MUSIC”**

“Never let anyone tell you, ‘you can’t do it’. No one else has power over your dream. Never give up on your dream, hold on to it, work hard, and be patient. Remember, your dreams can come true.”
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7th ANNUAL UNITY MARCH!

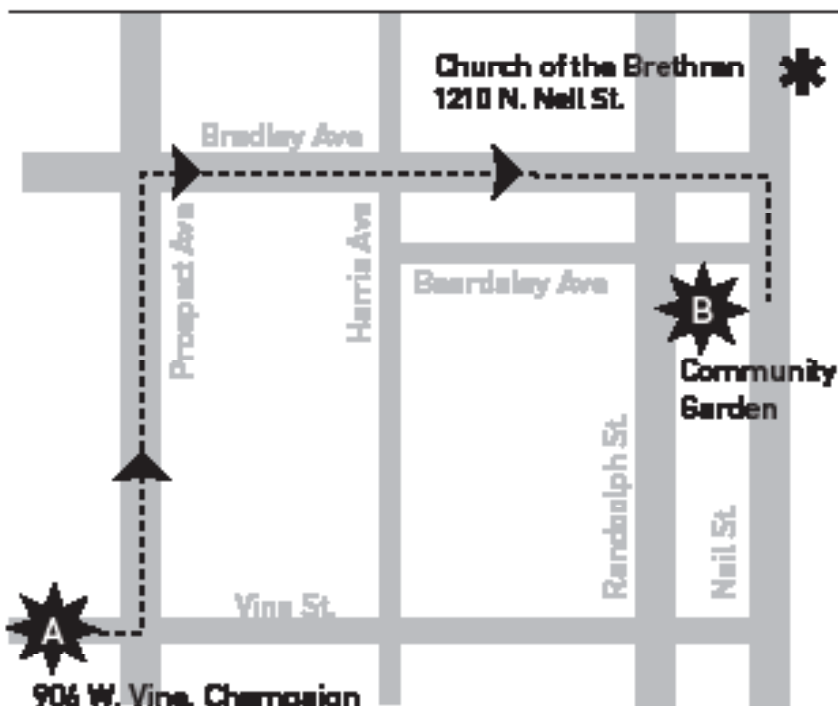
SOWING THE SEEDS OF EMPOWERMENT

Join us on the 1 year anniversary of Kiwane Carrington's death to:

- RECLAIM** your neighborhood
- RESTORE** the relationships in the community
- REMEMBER** the life of **Kiwane Carrington**

EDUCATION • ADEQUATE WAGES • HEALTH CARE • POLITICAL INVOLVEMENT • FAMILY RESPONSIBILITY
RESPECT FOR SELF & OTHERS • FOOD SECURITY

SATURDAY, OCTOBER 9, 2010 12:00PM



- Start:** 906 W. Vine, Champaign
- End:** Randolph St. Community Garden (Randolph St & Beardsley Ave, Champaign)
Garden Party with food & music!
Fruit tree planting in memory of Kiwane Carrington
- In the event of rain, reception will be held at the Church of the Brethren (1210 N. Neil St.)**

Pre-Unity March Symposium: "Other deaths and other truths: Communities confronting state violence"

Presented by: UIUC "Landscapes of struggle in Illinois" Focal Point Group

Friday Oct 8 at 6:30-9pm, Asian American Cultural Center, 1210 West Nevada St., Urbana

ALL WELCOME. REFRESHMENTS SERVED.





I Just Want to Be Successful! Blacks Struggle to Find Jobs

Businesses are saying that they are having a hard time finding people with good work ethics.

16.3% Black Unemployed
12% Hispanic
8.7% White

As Americans the desire to be successful is the driving force amongst us all, which has helped America achieve excellence and overcome. But, what we are faced with today is many African-American men are motivated to do the right thing, but are finding it difficult to find work.

The business community is going to have to open their arms a little to extend more opportunities for career training and entry-level job opportunities that offer a real chance for promotion.

Consider the “Put Illinois to Work” program. For a business, this program means you could hire employees at NO-COST as the State pays the employees wage. An awesome idea that can be 10 times better if more businesses get involved. This program needs more businesses to offer job training opportunities to meet the needs of applicants. If a business is turning away new customers because they have too much work, they should hire. We have to train a workforce to replace workers.

STOP BLIND EMPLOYMENT DISCRIMINATION

Employment discrimination is illegal, yet blind incidents happen everyday. Discrimination is hurting our economy.

GET REALISTIC ABOUT EXPECTATIONS

It is awesome if you get hired for a high paying job that you have no experience for, but it is an unrealistic expectation. We have to be willing to take a less than perfect job, until something more suitable comes along.

TAKE PERSONAL RESPONSIBILITY

Businesses are saying that they are having a hard time finding people with good work ethics. It is time to man up and stand up. If there is something we need to do in order to develop good work habits, then we need to do it. If it is stopping a drug habit, grooming yourself, using better language, correcting our attitude, taking a computer class...than what better time to start than now.

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Unemployed? Consider Searching for Jobs Internationally

My name is Michelle, I am 24. I received my Bachelor in Art and Communication and my Master in Economics Management on a full scholarship at the University of Southern California. I recently graduated and can't find work in America.

Everyday I was spending all day looking for a job. I was doing my part in the interview; only to be told that I couldn't get a job because I didn't have any work experience. Why? Because I went to college instead, which is what I thought I was supposed to do. A lot of my friends are graduating and running their family business. For me, that is not an option.

Now I am being targeted because I have my Masters. I took my degree off my resume and I started getting call backs. I know people that have a high school education that are making more than me. So, I decided to give up on the US economy and move to Australia to make a better life for myself. I figure, if I am going to invest all of my effort into finding a job, why not look some where that has a strong economy and great paying jobs available.

I first visited Australia with a friend and I loved it! I loved that it was not as affected by politics, sensationalism, and racism as in the US. The way they treated their citizens was great. I was intrigued by how everyone got along. I liked that it was not that intrusiveness of government, it wasn't a heavy pressure of what is going on in politics. In Australia, it seems like everyone in government and corporations work together to support the people's basic needs. Every employer pays a 10% tax into a retirement for the people. The minimum wage is equivalent to the living standard. We have people here that are only making \$8. In California you can hardly survive off of that.

In Australia, I was able to make \$25 as a cashier. It is like the society is good to everyone. It is frustrating to see our government not willing to come together to do some of the things that other countries are doing that work. It is not me to just sit back, so I came up with a solution for me- move to Australia for a few years then return to the US in a better financial position.

What inspires you on a tough day?

What inspire me the most about my life is that I have the ability to do whatever I put my mind to. I think that too often people don't think about what they do have and use those resources to advance further. I am inspired to do the best that I can, because I have been blessed with this opportunity.



Michelle on a trip to South Africa

It is frustrating for me to see athletes that don't take advantage of their educational opportunity.

I am blessed that my mother is allowing me to travel to another country and explore life. There are some women my age that can't go because they have kids or they are married. I don't have those things standing in my way so, I am going to do my best with the resources and opportunity I have. I am not going to just sit around and say I can't get a job. I will move to another country if I have to in order to get a job. In other countries, as an American people look up to you as a professional, it is not about race.

What helped drive your passion to succeed? My commitment to success started with my mother instilling in me good habits at an early age. This helped me become a successful adult. It is not that I am so much smarter, I just apply myself and do the best that I can.

There is no reason to fail if you try. Why not go to class. Missing class means you are not learning up to pace with everyone else. Being late means that you don't care. If there is something you need to do then just do it. There is no reason why you can't read that book. You can learn and work at it until you get it.

Growing up in Irvine, CA, I was surrounded by an educational environment. Education was key in my peer group. My friends and I always did things now to help us later. Like studying well in advance for the SAT, ACT- these were the discussions that kids in my community had on a daily basis. Many of my friends were international. They came to America to get a good education and opportunities in life. I too deserve the same thing in this world.

Community Laundry Mat



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Election Nov. 2, 2010

R= Republican

G= Green

D= Democrat

**United States Senator-
6 yr. Term Federal Ballot**

Mark Steven Kirk- (R)
LeAlan M. Jones (G)
Alexander "Alexi" Giannoulis (D)
Mike Labno (L)

**State of Illinois
Governor and Lieutenant Governor
Champaign County**

Bill Brady/Jason Plummer (R)
Rich Whitney/Don Crawford (G)
Pat Quinn/Sheila Simon (D)
Lex Green/Ed Rutledge (L)
Scott Lee Cohen/Baxter B. Swilley (I)

**State of Illinois
Attorney General
Champaign County**

Steve Kim (R)
David F. Black (G)
Lisa Madigan (D)
Bill Malan (L)

**State of Illinois
Secretary of State
Champaign County**

Robert Enriquez (R)
Jesse White (D)
Josh Hanson (L)

**State of Illinois
Comptroller
Champaign County**

Judy Baar Topinka (R)
R. Erika Schafer (G)
David E. Miller (D)
Julie Fox (L)

**State of Illinois
Comptroller
Champaign County**

Judy Baar Topinka (R)
R. Erika Schafer (G)
David E. Miller (D)
Julie Fox (L)

**State of Illinois Treasurer
Champaign County**

Dan Rutherford (R)
Scott K. Summers (G)
Robin Kelly (D)
James Pauly (L)

**United States
Representative in Congress**

Timothy V. Johnson (R)
David Gill (D)

**State of Illinois
State Senator- 52nd State Legislative District**

Al Reynolds (R)
Michael W. Frerichs (D)

**State of Illinois
Representative in the General Assembly**

103rd State Representative
Norman E. Davis (R)
Naomi D. Jakobsson (D)

Champaign County Board Member District 1

Stephanie Holderfield (R)
Eric Thorsland (D)

Champaign County Board District 2

Stan James (R)
Diane S. Michaels (R)

Champaign County Board District 3

Brad Jones (R)
Jonathan Schroeder (R)

Champaign County Board District 4

W. Steven Moser (R)
Gregory J. Knott (R)

Champaign County Board District 5

Mary Jo. Reik (R)
Lorraine Cowart (D)

Champaign County Board District 6

Andrew R. Timms (R)
Bill Glithero (R)
Patricia D. Petrie (Pattsi)
Michael Richards (D)

Champaign County Board District 7

Sher Hampel (R)
Alan Kurtz (D)

Champaign County Board District 8

Jim Phillips (R)
Gina Jenero (R)
Thomas E. Betz (D)
Ralph L. Langenheim (D)

Champaign County Board District 9

Robert W. Brunner (R)
James P. Quisenberry (D)
Christopher E. Alix (D)

**4th Judicial District
Judge of the Appellate Court**

Thomas R. Appleton (R)

**6th Judicial Circuit
Judge of the Circuit Court**

John P. Shonkwiler
Heidi Ladd

NO CHALLENGER FOR THE SEATS OF:

Champaign County Clerk
Champaign County Sheriff
Champaign County Treasurer
Champaign Regional Office of Education
Regional Superintendent of Schools

Why is keeping up with government important?

DO YOU NEED MORE JOBS CLOSE TO YOUR HOME?

Well, you need to watch the 2 yr, 3 yr, and 10 yrs plans for your city that affect your community. If the city is deciding to build a road in your backyard, you have the right to say that you will allow it IF you agree to have industrial/commercial zoning. This means that you will have jobs close to home, so if you don't have a car you can still find a job.

In cities that have grown without adequate input from minority citizens, you see no jobs in the hood and people have to take two trains and a bus to get to work.

If you want to have more jobs close to home then you need to watch and/or attend the city council, county board, and school board meetings.

Search by your address to find out what elected officials serve your area.
<http://www.elections.illinois.gov/DistrictLocator/DistrictOfficialSearchByAddress.aspx>

Absentee Voting----- Until Oct. 10
Early Voting----- Oct. 11 - Oct. 28
No-Excuse
Last day for temporarily or permanently
disabled persons to request a ballot to be
delivered----- Nov. 1
GENERAL ELECTION----- Nov. 2

GET OUT AND VOTE!!!
THESE ARE MORE
IMPORTANT THAN THE
PRESIDENTIAL ELECTIONS!!

Editor's Choice:
BEST CHOICE WINNER

- Robin Kelly (D)
- Lorraine Cowart (D)
- Alexander "Alexi" Giannoulis (D)
- Pat Quinn/Sheila Simon (D)
- Lisa Madigan (D)
- Jesse White (D)
- David E. Miller (D)
- Robin Kelly (D)
- David Gill (D)
- Michael W. Frerichs (D)
- Naomi D. Jakobsson (D)

CHAMPAIGN UNIT 4 SCHOOL BOARD SEEKING ELECTION CANDIDATES

Individuals interested in seeking election to the Champaign School Unit District #4 may pick up candidate packets now. Four board seats will be open in April 2011.

Potential candidates should note the following dates:

Monday, September 13	Candidate packets available
Tuesday, September 21	First day that candidates may circulate nominating petitions for signatures
Monday, December 13	First day to file nominating petitions at Mellon
Monday, December 20	Last day to file nominating petitions at Mellon
Tuesday, April 5	Election Day

Candidates are required to submit the following documents when filing their petition for candidacy:

- Statement of Candidacy
- Petition for nomination with required number of valid voter signatures and notarized circulator's affidavit
- Receipt from County Clerk noting filing of Statement of Economic Interest

For more information or assistance contact Lynn Peisker at 217-351-3822 peiskely@champaignschools.org

WORK IN THE SCHOOLS

Benita Rollins-Gay, MS.Ed.



I feel that parents and schools should work together to create and sustain effective partnerships. It gives

the opportunity for shared commitment to collaborate; it opens lines of communication, respect and can assist in obtaining common visions and goals for the school system.

As a parent, I feel you should familiarize yourself with the policies and procedures of your children in the school. We should value the school's perspective on the student. When a specific concern arises, we should understand and know who to seek the correct information and guidance from at the school. We should consult with those best able to address the concern.

The school recognizes that having an effective partnership is characterized by presenting its philosophy, program, and practices to parents during the admission process and encourages dialogue that clarifies parental expectation and aspirations for the student. The teachers and administrators are always accessible to parents and model candid and open dialogue. The school always clearly defines how they involve parents when considering major decisions that affect the school community.



There are several ways that parents can become involved in schools:

COME TO THE SCHOOL TO ASSIST.

- Share information with a student or a class about a career.
- Share information with students about a country you visited or lived in.
- Tutor one or a small group of students in reading, math, or other area.
- Help coach an athletic or academic team.
- Help answer the schools phone.

HELP ARRANGE LEARNING OPPORTUNITIES IN THE COMMUNITY.

- Help set up an internship or apprenticeship for a student at your business, organization or agency.
- Host a one-day 'shadow study for one or a small group of students about your career in business or some other organization.
- Go on a local field trip with a teacher and a group of students.

SERVE ON AN ADVISORY OR DECISION-MAKING COMMITTEE.

- Serve on the school-wide site council.
- Serve on a school committee that reports to the site council.
- Serve on a district committee representing the school.
- Serve as an officer in the school's PTA.
- Help design a parent survey and tabulate results regarding the school.

HELP OTHER PARENTS DEVELOP THEIR PARENTING SKILLS.

- Help teach a class for parent on ways they can be stronger parents.
- Help produce a videotape for parents on ways they can be more effective parents.
- Help write, publish, and distribute a list of parenting tips.

Contact your local school district office for more information about how you can volunteer in local schools.

3RD ANNUAL CHAMPAIGN URBANA BAGS TOURNAMENT



TO BENEFIT THE DON MOYER BOYS & GIRLS CLUB

SATURDAY, OCTOBER 9

11 a.m.—9 p.m.
Neil & Church Streets in
Downtown Champaign



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The Don Moyer Boys & Girls Club is dedicated to providing the facilities, services, and support necessary to instill a sense of community spirit, achievement, cooperation, self-esteem in the youth of our community. Since 1968, the club has been serving the children of Champaign and Urbana providing opportunities to enhance the quality of life for more than 1,400 children each year ranging from ages 6-18 years old.

- [CU Bags Participant Registration Form](#)
- [CU Bags Student/Youth Registration Form](#)
- [Online registration](#)

*Note: Youth Division and Sponsorship registrations must be printed and submitted directly to the Don Moyer Boys & Girls Club or your CU Bags Committee Contact.
Don Moyer Boys & Girls Club
201 East Park Street PO Box 1396, Champaign
(217) 355-5437

Funds raised will be used to support the many activities and programs at the club.

Thanks to the club's generous donors,
children are able to attend a full year of programs for only \$5

Bracket Breakdown

Pro Division- \$40; Open Division-\$30

High School-\$10; Youth-\$10

Post a Flyer
Sponsorship Opportunities



Copyright©2010 Don Moyer Boys & Girls Club Champaign/Urbana

Student of Month



Daezyah, 14- "To be successful you have to work hard. My brothers motivate me. I want to be a defense lawyer."



Alexandrinique, 13- "To be successful you have to work hard at what you are doing. If you don't succeed try again."

Child Obesity: Our Future at Risk



Knight, Napoleon B. Jr., MD
Emergency Medicine
Carle Foundation Hospital

Written by Tanya Parker, based on interview with Dr. Knight.

People really need to understand the seriousness of the child obesity epidemic. Child obesity is a growing epidemic that can have a serious impact on our future generations.

There are several factors that are contributing to the risk of developing child obesity.

1. Our children are less active today than they used to be. You don't see children out riding bikes as much as in the past. Today, children are in the house sitting down playing video games.
2. Lack of balanced, nutritious home cooked meals for children. Many children are having to cook for themselves after-school. Caregivers often are not home when kids get out of school, so children are using microwaves and fast food to eat.
3. Understanding how to measure portions and watch calories. We need to educate our children to understand how much fruits, vegetables, and bread they need to maintain good health.

The reality is that we have so many children facing obesity that the life-expectancy of our future generation is a risk of being lowered. Health risks associated with obesity include high blood pressure and diabetes.

Routine doctor visits will help parents identify if their child is at risk of developing obesity. Caregivers should take warning by physicians very seriously and work together as a family to improve the direction of the child's health.



Childhood obesity has nearly tripled in the past 30 years.

of obesity among children aged 6 to 11 years increased from:
6.5% in 1980
to
19.6% in 2008

Obesity is the result of caloric imbalance (too few calories expended for the amount of calories consumed) and is mediated by genetic, behavioral, and environmental factors. Childhood obesity has both immediate and long-term health impacts:

Obese youth are more likely to have risk factors for cardiovascular disease, bone and joint problems, sleep apnea,

and social and psychological problems such as stigmatization and poor self-esteem, type 2 diabetes, stroke, several types of cancer, and osteoarthritis.

Healthy lifestyle habits, including healthy eating and physical activity, can lower the risk of becoming obese and developing related diseases.

<http://www.cdc.gov/HealthyYouth/obesity/>

Times are tough

Luckily, getting help
with your medical
bills is easy



CARLE COMMUNITY CARE
DISCOUNT PROGRAM

As a not-for-profit healthcare organization, Carle wants to make sure that our patients have access to high quality care, whatever their level of insurance coverage or ability to pay. These uncertain economic times have strengthened our firm belief that no one should have to let financial concerns come between them and necessary medical treatment.

Our Community Care Discount Program is open to qualified applicants who are having difficulty paying their Carle medical bills, whether that's the copayment remaining after insurance pays or the entire bill.

Economic times are tough, and we want to ensure that your health doesn't suffer as a result. We offer an easy application process, knowledgeable representatives to help every step of the way, and the ability to pre-apply for financial assistance. For more information about the Community Care Discount Program, call toll-free (866) 71-CARLE, or visit us online at MyCarleBill.com.

If your family size is:	And your family income is at or below:				
% of Federal Poverty Level	200%	230%	270%	300%	400%
1	\$21,660	\$24,909	\$29,241	\$32,490	\$43,320
2	\$29,140	\$33,511	\$39,339	\$43,710	\$58,280
3	\$36,620	\$42,113	\$49,437	\$54,930	\$73,240
4	\$44,100	\$50,715	\$59,535	\$66,150	\$88,200
5	\$51,580	\$59,317	\$69,633	\$77,370	\$103,160
6	\$59,060	\$67,919	\$79,731	\$88,590	\$118,120
7	\$66,540	\$76,521	\$89,829	\$99,810	\$133,080
8	\$74,020	\$85,123	\$99,927	\$111,030	\$148,040
You receive a discount of:	100%	75%	50%	25%	-
Your Carle out-of-pocket medical expenses are limited to 40% of your annual gross income, ONLY if you are uninsured or underinsured and earn at or below the 400% poverty level.					

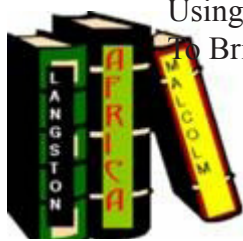
Additional discount options:

- Regardless of their level of income, all uninsured patients who pay their bill within 30 days receive a 25% discount.
- Uninsured patients who meet certain income, asset and residency requirements may qualify for an uninsured discount of 61% to 100%.



MyCarleBill.com

African-American History Academy



Using Oral Tradition & Technology
To Bridge The Historical & Digital Divide

Ted Adkisson
Director & Minister of
Cultrual Affairs

The African-American History Academy is designed to educate, inform and motivate African-American members and their families to build better relationships, apply hard work, and develop positive self-images in the community through the teaching and study of African-American history.

The AAH Academy material is designed to rob the ignorance from African-Americans who have been culturally deprived because of mental slavery.

For more information:
P. O. Box 6837
Champaign, IL 61826-6837
Ph. #: (217) 201 9272
E-mail: tedpassage@aol.com



Did you know that the U.S.A. has money with African-American on it?



Dr. Booker T. Washington (1856-1915) born during slavery, he knew the pain of hunger. But it was his hunger for knowledge that dominated his life.



Mental Health Center
OF CHAMPAIGN COUNTY

Providing Assistance with:

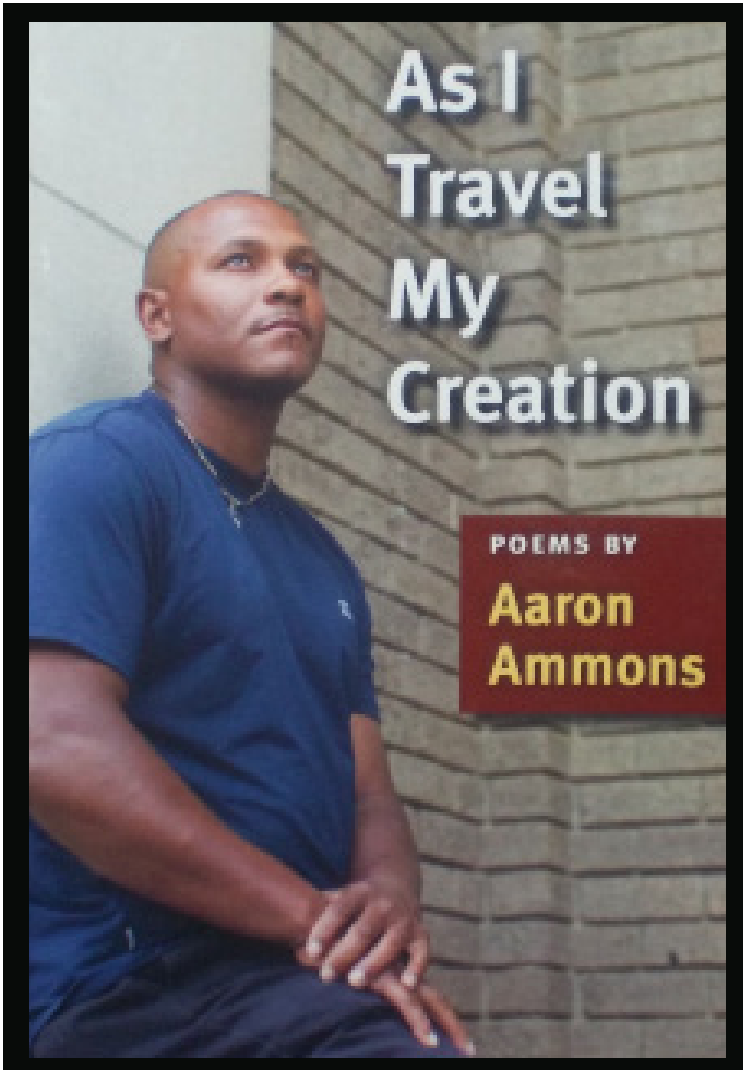
- emergency mental health concerns
- suicide prevention/intervention
- relationship & personal crisis



24 Hour Crisis Line: (217) 359-4141

Author Aaron Ammons releases his second book of poetry inspiring all to strive to be successful.

"I get a sensation from reaching my goals." Aaron Ammons



Mis-Education

Lies & deceit = incomplete
The fog of intoxicating indoctrination
with degradation and separation
Education is the reparations we need
Without exception my lack of direction
Is rooted in ignorance & instability
Just like yours!

The ensuing irritability
Consequently,
Produce violence and mass killing
Mentally and physically.

“As I Travel My Creation is a collection of feelings that seek to enlighten, inspire, and challenge the reader to consider the thoughts that impact their soul.” Carol Ammons.

What would you say it takes to be successful?

At this point guaranteed success has a formula Law Known + Applied = Success. And I'm not necessarily talking about law books. For example, pilots have to read a manual to learn how to fly a plane. Life is the same way. When I started to look at what the law of life was in order to come up out of certain situations, I had to read up on the issues. In learning about life, history, and experiences I developed the necessary tools to be successful. I would urge all, to be on the search for knowledge and information.

What can reader's expect? “As I Travel My Creation” is a carry-over from my first book, “Journey Through Another Man’s Mind.” It shares a lot of my street life, spiritual development, and my love for inspiration that came from my journey through life.

What inspired you to write a second book? The sense of accomplishment when I first received my set of books in the mail. Also, there are a lot of brother's and sister's that knew me from the past who are locked-up now, that really gain inspiration from reading my books. It speaks hope to see someone that was cracked out and thugged out turn their life around. It shows them that you can do it, you just have to apply yourself.

ORDER YOUR COPY AT:

Email: livingsoul@sbcglobal.net

“Journey Through Another Man’s Mind”- \$7.50

“As I Travel My Creation”- \$10.00

Senior Fashion Show 2010

36 Years & Still Smiling

Contributor Diane Nesbitt



Judy Conerly

Volunteers included Lincoln's Challenge and Zeta Phi Beta Sorority-Theta Lambda Zeta Chapter.

Consider joining the Douglass Senior Citizens group. They are very active with daily activities, group trips, volunteer work and more.

They welcome seniors ages 50 and over to share their creativity and experience to help offer new ideas to support the community.

For more information, contact Barbara McGee at 217-398-2572.

Douglass Seniors Annual event was full of fashion, fun, good food, and memories. Local seniors showed that they have all the style from head to toe.

Fashion for Today, Yesterday & Tomorrow!

Models were: Clara Bright, Marilyn Cleveland, Gilda Head, Jennie Sherifield, Judy Conerly, Velma Brownmee, Shirley Hursey, Delois Lewis, Eunice Rivers, Christina Buchanan, Diane Covington, Evelyn Underwood, Theister Brownlee, Rev. Larry Lewis, King James Underwood, Ronnie Campbell, William V. Renfro, Khair Ali, Jim Hayes, Edwin Cook, and Willie Brownlee.



Judy Conerly



Clara Bright, Ed Bland, Judy Conerly, King James Underwood





Bachelorette of the Month

Name: Sherice Vonner

Career: Business Manager

It is hard to find a good men that appreciate a God sent Angel. Sherice is a woman that truly has her own and is taking her time finding Mr. Right.

Sherice enjoys reading and spending time with her son. Her man must treat her son as well as she does.

She attends Church regularly and knows the importance of having a god-fearing man. She recognizes the real from the fake and is saving her love for Mr. Real.

Sherice is in a routine that leads to success in everything that she purses. Organized, clean, and pure at heart. She never misses a day of work or has an untidy house or car.

She can do bad by herself, but would love to settle down with Mr. Right, not Mr. Right-now. She is patiently looking for love.



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A low-angle photograph of the Statue of Liberty against a blue sky with white clouds. The statue is green and holds a torch in her right hand and a tablet in her left. The text is overlaid on the upper right portion of the image.

**“A MAN WHO STANDS FOR NOTHING,
WHILE FALL FOR ANYTHING.”**

- Malcolm X

Vote Nov. 2, 2010

Share your news and editorials with us:
myvoice@unityinactionmagazine.com

NEW POLICE CHIEF IN URBANA. Chief Pat Connolly took over as the new position on Sept. 22. Also, the new Assistant Chief of Police is Anthony Cobb.

COMMUNITY ON ALERT FOR RECENT STREAK OF GROUP VIOLENCE. A group of men jumping on people on campus has everyone on the watch. This new dangerous, cowardly activity has adopted names like hunting or polar bear. If you have any information please, contact the police.

DALLAS – 3 POLICE OFFICERS IN DALLAS, WILL FACE CRIMINAL CHARGES for their alleged roles in the beating of a suspect. The incident was caught on video by the officers cameras.

Andrew Collins, 28, suffered bruising and blood clots earlier this month after being struck by officers, who hit him about seven times with their fists and batons.

The officers also each face a felony charge of tampering with or fabricating physical evidence.

GARDEN HILLS TEENS GET J-WALKING TICKETS IN NEIGHBORHOOD WITH NO SIDEWALKS. Parents express concern over their teens fair treatment after their children receive tickets for \$75 for j-walking in the streets when there are no sidewalks.

UNIVERSITY OF ILLINOIS ENROLLED ONLY 359 AFRICAN-AMERICAN FRESHMEN THIS SCHOOL YEAR. This is only 5.1% of the freshmen class, though African Americans are 15% of the Illinois population.

CONGRESSIONAL REPUBLICANS HOLD THE MIDDLE-CLASS TAX CUTS HOSTAGE

Today, Austan Goolsbee, the new Chair of the Council of Economic Advisers here at the White House, tackles the tax cut fight and what it means that Congressional Republicans are “holding middle class tax cuts hostage” as the President has said:

Key point:

- * Under President Obama’s plan, all Americans would receive a tax cut on the first \$250,000 of their income. Every middle class family would receive the immediate certainty and comfort of knowing their tax cuts were permanently extended. Every American making more than \$250,000 per year would receive a tax cut on the first \$250,000 of their income.
- * Instead of working to give middle class families this immediate certainty and comfort, Congressional Republicans are continuing to hold that relief hostage in order to have our nation borrow \$700 billion that we can’t afford to provide an average tax cut of \$100,000 to millionaires and billionaires.
- * We simply can’t afford to give the wealthiest Americans these big tax cuts that would add to our deficit and, according to the non-partisan Congressional Budget Office, be just about the least effective way to grow our economy and help create jobs.

LOG ON TO GET EASY TO UNDERSTAND INFORMATION ABOUT YOUR GOVERNMENT AT
www.whitehouse.gov



Urbana-Champaign Independent Media Center



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Every Wednesday 12-1: Food for the Soul.
Bruce D. Nesbitt African American Cultural House, 708 S. Mathews, Urbana. The lunches feature resources at the University of Illinois and provide audience members and participants with introductions to the cultures, histories, and societal issues that the diverse communities of our campus face. We welcome you to our centers and encourage you to connect with us. Please join us for lunch and learn something new.

Former U.S. Ambassador Nicholas Burns - "America's Future Global Challenges" Oct 22, 2010 at the Max L. Rowe Auditorium, College of Law Building. Free and open to the public. For more information contact Carolyn Turner-carolynt@law.illinois.edu.

Come on out in your best costume for our Halloween party with a DJ and karaoke!! 10/30/2010 (All day) The Phoenix, 215 S. Neil St., Champaign For more information call 355-7866.

Help Build a Park! Help Kraft Foods, the Champaign Park District, and Kaboom! Build a park in 6 hours! Friday, Oct. 8 from 8am-4pm. Hazel Park on the corner of Neil St. and Bradley Ave.

Contact Davd Genty as david.genty@cparkdistrict.com or 217-398-2550 for more information and to sign-up.

**SPEAK CAFE, THUR. NOV. 4, 7-9PM
KRANNERT ART MUSEUM**



Shining the Spotlight on

**Open House
Events!**

DIABETES

**Erase the MYTHS
and MISCONCEPTIONS**

Wed. October 13, 4-6pm ARC
201 E Peabody Dr, Champaign

Thurs. October 14, 4-6pm CRCE
1102 W Gregory Dr, Urbana

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- ★ Expert Medical Panel with Testimonials
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Location: Land of Lincoln Legal Assistance Foundation
302 North First Street, Champaign

or

Saturday, November 6, 2010
Open during 10 am - noon

Location: Rantoul Municipal Building
333 South Tanner Avenue, Rantoul

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For more information, please call Yvonne at 367-8451



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