Teen Summit: "Hey Young World...Your Voice, Your Future, Your Community"

Monday, November 16

6:00 - 8:00 pm | 201 E. Park St., Champaign

The Don Moyer Boys & Girls Club, Champaign Unit 4 School District, Urbana School District 116 and the Fellowship Baptist District Association will host the first in a series of youth panels highlighting youth accomplishments. The Teen Summit will provide a safe, positive venue for participants to lead a casual discussion in a panel format about issues important to them. Adults are encouraged to attend. Food and beverages will be provided.



Sunday, November 22 8:00 am Breakfast | 9:15 am Program

The Pilgrim Missionary Baptist Church Sunday School Promotion Day program will be held on Sunday, November 22nd, at 9:15 am. Our special guest will be Sis. Erma Bridgewater of Bethel AME Church. We will be serving our customary "Log Roller" breakfast beginning at 8:00 am. We are inviting everyone to make the month of November the time when we strive to encourage family and friends to become a part of this wonderfully blessed ministry. If you have any questions, please contact the Sunday School Superintendent Rev. Steve Gilbert at (217) 377-2295. We look forward to seeing everyone reaching out and sharing the good news about our Sunday School Ministry.

Ladies' Night Out With Christ

Friday, December 11 Urbana Civic Center | 6:30 pm

The Fellowship Baptist District Association, Women's Auxiliary is hosting their annual banquet on Friday, December 11th at 6:30 pm. This event will be held at the Urbana Civic Center. The speaker will be Sis. Rochelle Johnson, First Lady of Jericho Baptist Church. Tickets are \$25.00. To purchase a ticket, please see Mo. Catherine Campbell or Sis. Andralena Corey. The colors theme will be Christmas colors.



"O give thanks unto the Lord, for He is good: for His mercy endureth for ever " Psalm 107:1



Volume 2 Issue 9





On Sunday, September 13th, the women of Pilgrim celebrated their Annual Women's Day with wonderful speakers, a marvelous women's choir and a theme to encourage everyone to arm themselves in the Christian battle. Pilgrim's very own Sis. Rosa Guillory spoke during the morning service and Sis. Barbara Tatum of Canaan Missionary Baptist Church was the afternoon speaker. A special thanks goes to Sis. Audrey Mock-Keaton for directing the women's choir along with everyone who came out to support the women as they were encouraged to be "Christian Women Armerd for Battle".





Women's & Men's **Turkey Donations** Making Strides for Health Fair Bountiful Blessing **Douglass Senior S** October Bowling Hallelujah Night Church Chat Ask the Word Pilgrim & Commu

Anniversary Edition HRISTIAN URRENT

Pilgrim Missionary Baptist Church

Women clothed in armor, ready for battle

Men of integrity, following God

The men celebrated their Annual Men's Day on Sunday, October 25th with the theme, "Men After God's Own Heart". Not only was the choir stand full of Pilgrim's men singing praises to God, but Dea. Calvin Corey and Rev. Clifford Wheatley stepped out to lead a song along with Dea. Kenny Jones. During the morning service, Pastor Parks encouraged the men to be followers of God, as real men were made to do so. In the afternoon, guest speaker Rev. Charles Nash of New Hope Church of God in Christ described how men should lead lives of integrity. The Pilgrim Laymen would like to thank all of you for blessing God's program.

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SUBMIT IDEAS

Do you have a story suggestion or good news that you would like to share with Pilgrim? Drop a form in the newsletter submissions box located in the vestibule. You can also submit your story information to pmbcnewsletter@gmail.com. The deadline for December's issue is **Sunday**, November 15th.

Upcoming Events

November 2009

Travel to Antioch Baptist Church, Decatur Rev. & Sis. Stuart, Pastor's Anniversary Sunday, November 15th, 10:30 am

Christian Current Submission Deadline Sunday, November 15th

Sunday School Promotion Day Guest: Sis. Erma Bridgewater, Bethel AME Church Sunday, November 22nd, 8:00 am

Thanksgiving Celebration Sunday, November 22nd, 11:00 am

Thanksgiving Basket Give-Away Bring Donated Turkevs Monday, November 23rd, 5:00 pm

Fellowship Baptist District Inspirational Sunday, November 29th, 3:00 pm

Calling all turkeys



The Mission Ministry is preparing for their annual Thanksgiving Basket Giveaway. They need your help in providing a Thanksgiving dinner for families who are in need.

A sign-up sheet is posted for those who wish to donate turkeys. Turkeys should be kept frozen and be at least 10 pounds. Please let the Mission Ministry know if you plan to donate by Sunday, November 15th. Even if you are annual turkey donor, please sign up so that the Mission Ministry will have an accurate count. Bring your turkeys to the church on Monday, November 23rd at 5:00 p.m.

If you, or someone you know, are in need of a Thanksgiving basket, please call and register by Sunday, November 15th with Sis. Judy Conerly at 367-8624.

Pilgrim Missionary Baptist Church

1310 North Sixth Street Champaign, Illinois 217-356-9633

Pastor: Rev. Rickey E. Parks Editor: Sis. Tyla N. Conerly

This newsletter was printed by:



Make strides, make a difference By Sis. Emma Marshall



Pilgrim was excited to take its first walk in the "Making Strides Against Breast Cancer" on Saturday, October 17th at the Crystal Lake Park. After a warm-up to music and stretching exercising, the group started the 5K walk. The morning began with a cool brisk wind but part way through the walk, the sun came out to warm the air.

The walk is an opportunity to honor breast cancer survivors, remember people who have lost, and raise funds and awareness to help eliminate this disease. Prevention is the key. Have annual Mammograms, regular breast exams by your doctor or nurse, know how your breasts look and feel (self-breast checks), and know your family history. If you wish to donate, please visit www.cancer.org/stridesonline. Remember every dollar makes a difference.

The participants were: Juanita & Jarvis Ashford, Crystal Bigham, Judy Conerly, Tenea Harris, Pat Haynes, Jeffreyann Jones, Emma Marshall, Delores Crump, Willamenia Moore, Rev. & Sis. Parks, Tiana Smith, and Rachella Thompson.

Healthy servants, fit for Christ

By Sis. Emma Marshall

Did you know that your body is the temple of the Holy Ghost which is in you, which you have of God, and you are not your own? For we are bought with a price: therefore we should glorify God with our body and our spirit, which are God's (I Corinthians 6:19-20).

On Saturday, August 29th, the Pastor's Aide & Health Awareness Ministry partnered with the C-U Public Health District to bring one of best Health Fairs ever to Pilgrim Missionary Baptist Church and the community. The sisters of the Delta Sigma Theta joined in to help distribute information on health awareness.

What is your BMI? After stepping on the BMI (Body Mass Index) scale the attendees learned it's the number calculated from your weight and height. BMI provides a reliable indicator of body fatness for most people and is used to screen for weight categories that may lead to health problems. The professionals told us how to take better care of our bodies, the causes and preventions of Stokes, Diabetes, Breast Cancer, Prostate Screening, High Blood Pressure Checks, HIV Testing, and more.

A bountiful blessing



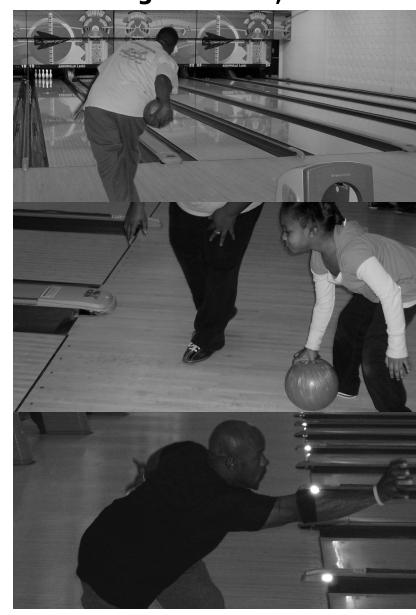
During the Mission Ministry's Annual Bountiful Blessings on Monday, October 26th, those who attended joined in a snow ball fight before the first flurry of the coming winter season. Those in attendance participated in an activity in which everyone was able to express characteristics about themselves on a sheet of paper, that was then spread around as it was thrown to and fro across the Fellowship Hall. It was a joyous occasion and the Mission Ministry would like to thank everyone for coming, bringing a dish, and participating in this event.

"Styling and Smiling"

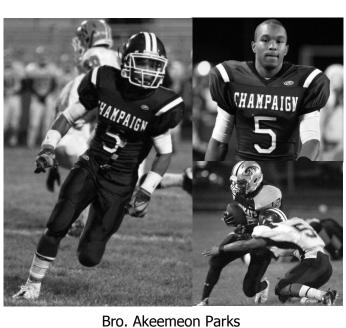


On Sunday, September 27th, The Douglass Seniors put on their annual Style Show. This year's event was entitled "Seniors Styling and Smiling: 35 Years and Still Smiling". Several of Pilgrim's members are Douglass Senior participants, including Sis. Marie Hines, Sis. Linda Algee, and Sis. Judy Conerly. Sis. Barbara McGee has served as the Senior Coordinator for several years and received a special presentation of roses during the style show by one of the participating models.

Strikes and gutter balls, still a blast



The Pilgrim Family gathered at Arrowhead Lanes once again for a bowling outing on Sunday, October 18th. There were cheers, victory dances and "smack-talking" all in good fun as strikes and gutter balls were thrown down the lanes. Sis. Sandra Carter-Harvey's team won the title for this quarterly bowling event, but the game is still on!



Church Chat





Hallelujah Night "Journey to the Golden City...Follow the Yellow Brick Road"



On Saturday, October 31st, nine community churches gathered together to provide the youth with an alternative Halloween celebration, entitled Hallelujah Night. The theme was "Journey to the Golden City...Follow the Yellow Brick Road" based on the popular film, *The Wiz*. Several of the overseers dressed up as the main characters, such as the Tin Man, the Cowardly Lion, and Dorothy. Activities were planned for children of all ages, such as coloring, board games, hula-hoop, "Fishers of Men", foot races, and a special photo booth for parents to capture the excitement of the first, successful community-wide Hallelujah Night. There was a Michael Jackson dance-off in tribute to the late "King of Pop".

Akeemeon parks served as defensive back for the Central Maroons this past football season. In a recent game, he intercepted two passes, one of which he returned for a game-winning touchdown.



Bro. Brandon McFarlance

On Friday, October 16th, during half time at the Urbana High School football game. Brandon was recognized for his achievements for high school and post high school athletics by his induction into the UHS Hall of Fame.

Ask the Word



Question:

If you commit suicide, do you go to hell?

Answer:

Exodus 20:13 says, "Thou shalt not kill". This includes murdering yourself. How can you ask for forgiveness and repent if you are dead?

Have a question that you need help answering? Can't find the answer in the Bible? Submit your question anonymously to the Newsletter Submission Box and have it answered, including where you can find that answer in the Bible. Your question will appear in the "Ask the Word" section along with the answer and scriptural evidence.