Building Local Systems of Care with a Plan: One Community's Strategy

Technical Assistance
Partnership for Child and
Family Mental Health

Webinar Series
November 10, 2009





Welcome to Today's Webinar

Audio Information:

Dial Into: 877-326-2337

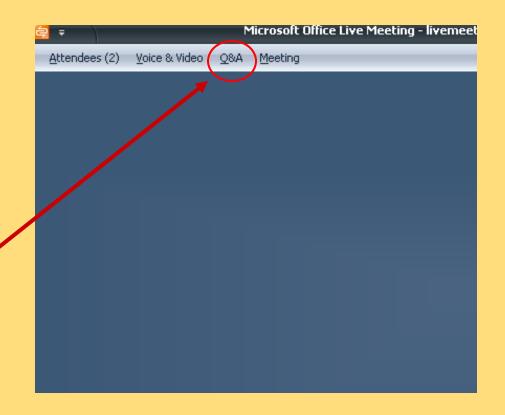
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Building Local Systems of Care with a Plan: One Community's Strategy

Presenters:

- Mario Hernandez, Co-Principal Investigator, Logic Model Evaluation Project, National Evaluation Team, Department of Child and Family Studies at the Louis de la Parte Florida Mental Health Institute, University of South Florida
- Sharon Hodges, Co-Principal Investigator, Logic Model Evaluation Project, National Evaluation Team, Department of Child and Family Studies at the Louis de la Parte Florida Mental Health Institute, University of South Florida
- Sandra Dwinell, Project Coordinator, National Evaluation Team, Department of Child and Family Studies at the Louis de la Parte Florida Mental Health Institute, University of South Florida
- Matt Wojack, Project Director, Impact, Ingham County System of Care





Technical Assistance for Theory of Change Logic Model Development

Sandra Dwinell

USF Project Coordinator for the National Evaluation
Department of Child and Family Studies
Louis de la Parte Florida Mental Health Institute
College of Behavioral & Community Sciences
University of South Florida



Technical Assistance Provided

- The USF Logic Model Team provides technical assistance by...
 - helping communities describe their expectations for system change using a method of measurement known as a theory of change
 - providing logic model development to funded system of care communities at no charge



What is a Theory of Change?

- Beliefs that systems, planners, builders, and implementers have about:
 - What children with serious emotional/behavioral challenges and their families need from services/supports in order to thrive in their communities

and...

 What local strategies will enable these services/supports to become available and meet those needs



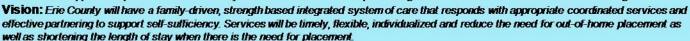
What is a Logic Model?

- Logic models are tools used to describe a community's theory of change
- A logic model clearly outlines the community's strategy for their theory of change including:
 - what the community hopes to accomplish
 - how the community believes they can achieve their goals



Family Voices Network

Mission: Family Voices Network will provide individualized, integrated, comprehensive, culturally competent and cost-effective community based services that support and promote self-sufficiency of children and families experiencing serious emotional and/or behavioral challenges.





Context Goela **Strategies** Outcomes Family, Youth & Child Involvement at Each Level of SOC Population of Concern System Level System Strategies ✓ Children 5-17 and Youth 18-21 **Infrastructure** in transition, with serious emotional or behavioral ✓ System-wide sustainability Infrastructure challenges: ✓ Work with Families CAN to develop youth & ✓ System fiscal reform at local, state, & ✓ Achieve Cross-· At Imminent Risk for Out of federal levels family involvement system Cultural Home, School or Provide training in SOC principles, to ✓ Fully developed local SOC. Change Community Placement, become culturally relevant infrastructure Service Delivery And with severe functional ✓ Increased community SOC ✓ Embrace Wraparound philosophy principles impairments, with one or more ✓ Achieve Fiscal knowledge, decreased stigma & values into daily practice of the following: Stability ✓ Develop Integrated Point of Access Service Delivery · Hx of multiple Institutional ✓ Identify gaps, barriers & capacity service stays; complex multi-✓ Reduced length of stay and # of issues service system placements in out of home care ✓ Executive Governance. ✓ Intake Committee involvement; & Committee Efficient use of resources Management ✓ Cuttural Competency unsuccessful Tx. -OR-Family, Youth & & Coordination Team Current RTC/RTF resident Least restrictive/most appropriate **Child Team Process** ✓ Implementation ✓ Social Marketing Team. with extended LOS placements Team System Issues/Strengths **Community Strategies** ✓ Categorical funding; staff ✓ Advocate for local & statewide funding & attrition; waiting lists; access Family, Youth & Child Level organizational support ✓ Enhance Existing barriers: racial & ethnic service Promote cultural competency plan and ✓ Increased appropriate Care Infrastructure of Care disparities; knowledge deficit system reform thru the development of Coordination referrals Coordination & Committed system leaders that community relationships Individualized ✓ Increased stability within the effect reform ✓ Use social marketing/education to inform Services community community & stakeholders Community Issues/Strengths ✓ Work with community groups to increase ✓ Increased school attendance Rigid mandates: service knowledge & involvement of family, youth ✓ Increased natural & community system role confusion and children supports ✓ Centralized Intake; committed community stakeholders that embrace system reform

Evaluation, Reporting and Continuous Quality Improvement

Logic Model -- Macro Level

USF Logic Model Team Technical Assistance Resources:

- Articulating the community's idea for system change:
 - Orientation to logic model development via
 - Website
 - Telephone
 - Monograph
 - Videoconference
 - Presentations
 - Workshops
 - Group facilitation



USF Logic Model Team Technical Assistance Resources:

- Site-based facilitation of logic model development
- Graphic support for portraying a logic model
- Graphic support for presentations to community stakeholders
- Peer-to-peer mentoring



Using the Logic Model in Planning, Implementation, Evaluation, and CQI:

- Facilitation for linking
 - Use results of site readiness assessment to facilitate logic model development
 - Needs assessment/community assets to logic model
 - Strategic planning and logic model
 - Evaluation to logic model
 - Logic models to the Getting to Outcomes (GTO) process



Facilitation for Development of Logic Model Components for:

- Cultural competence
- Family involvement
- Youth involvement
- Sustainability
- Development of peers for mentoring

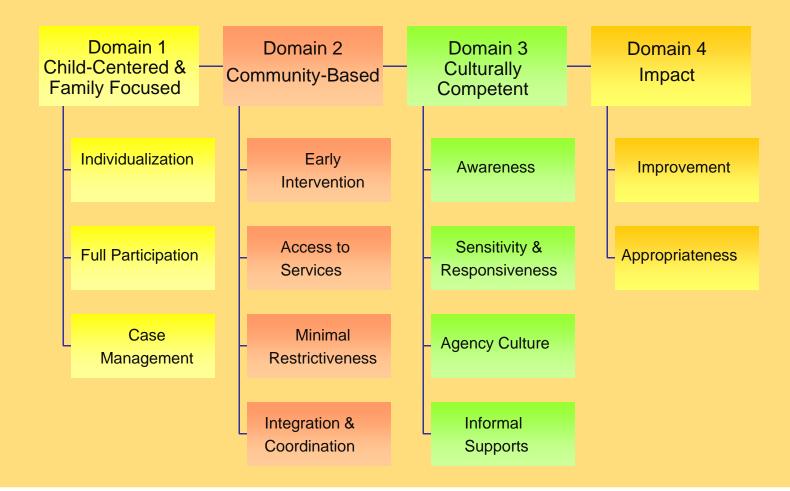


Monitoring System of Care Practice:

- Orientation to the System of Care Practice Review (SOCPR)
- The System of Care Practice Review (SOCPR) is a process designed to assess if and to what extent the system of care core values and guiding principles are practiced by a service system



SOCPR-R Domains and Subdomains





SOCPR Resources:

- Training for using the SOCPR
- Our staff has provided training to local reviewers in a number of communities already. We have developed a protocol for training SOCPR reviewers and could provide this training in your community.



Our Team...

The USF Logic Model Team within the Department of Child and Family Studies at the Louis de la Parte Florida Mental Health Institute is available and willing to support your team and community.

- **Dr. Mario Hernandez** serves as Principal Investigator for the Logic Model Project. He has over 20 years of experience working with systems of care to facilitate planning, evaluation, and implementation.
- **Dr. Sharon Hodges** is co-PI of the Logic Model Project and has provided leadership in research and technical assistance on theories of change, logic models, and local policy implementation for systems of care for over 10 years.



Our Team...

Facilitators:

 Work with the USF Team Leaders to provide assistance in site-based logic model development

Technical Assistance Liaisons:

Provide specific assistance based on a community's needs



USF Logic Model Website

- Theory of Change Logic Model website: Tools for Sustaining Community Created Systems of Care
 - Featured logic models
 - Narrated presentations of logic model development and processes
 - SOCPR tutorials and resources

http://logicmodel.fmhi.usf.edu



Questions?

Please press *7 on your phone to unmute your line.

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Ingham County System of Care Initiative

Matt Wojack
Project Director
Impact, Ingham County System of Care



Ingham County

- System of Care Initiative
 - In 2005, Ingham County Community received a \$6 million, 6-year federal grant from SAMHSA
 - First year was planning phase
 - Years 2 6 are development phase



Website

www.impactsystemofcare.org



Impact System of Care 5303 S. Cedar Street, Bldg 2 Lansing, MI 48911 517-346-8108



Logic Model

IMPACT THEORY OF CHANGE

Vision: The community system of care embraces, serves, and supports children with serious emotional disorder (SED) and their families so children are safe and successful with their families and in their community

VALUES Family driven Youth-guided CONTEXT Accessible and high quality Population services focus Culturally and linguistically Families, competent children, and services youth Individualized The system care Coordinated care Collaborative care

STRATEGIES	GOALS	OUTCOMES
Family and youth involvement Developing new and strengthening existing services and supports, and integrating policies and procedures that are outcome-driven Training, technical assistance, and workforce development	1. Families will receive seamless, integrated treatment and a comprehensive array of community-based and culturally and linguistically appropriate interventions from a variety of service agencies, based upon the services needed by each family. 2. Every child, regardless of ethnicity, religion, or background will live with his/her family at the best level of functioning capable for that child.	Maximized functioning of children with SED and their families Reduced need for out-of-home placement Efficient use of resources Increased participation of family and youth in the development of the system
Individualized service planning Quality improvement and assurance	 All children with serious emotional disorders who are at high risk for out-of-home/out-of- community placement and have issues sufficient for multi-system involvement will receive comprehensive, coordinated, interagency service plans. 	 A unified, family-driven, youth guided, and culturally and linguistically competent system of care for children with SED and their families
Aligning funding streams and structures	 Every family, regardless of formation or agency of initial contact, will obtain the resources necessary to provide for their child with SED 	 Increased community knowledge of the system of care and decreased stigma
Communications and social marketing	The community will be educated about and supportive of the local system of care.	





Ingham County System of Care

- What is Impact?
 - Impact is a partnership of child- and familyserving agencies working in cooperation to provide coordinated services for children with serious emotional disturbance (SED) and their families.
 - Impact promotes the meaningful involvement of families and youth, which ensures that a child and their family receive the services and supports they need to succeed.



Ingham County System of Care

Vision

 The community system of care embraces, serves, and supports children with serious emotional disturbance and their families so children are safe and successful with their families and in their community.

Goal

 The main goal of Impact is to build and enhance home- and community-based services for young people involved with the juvenile justice system and/or Department of Human Services.



Who Is Eligible For Impact?

- Children and youth that are eligible for Impact services and supports must meet the following criteria:
 - Age: school-aged children (5-17 years)
 - Serious emotional disturbance (SED)
 - Currently placed out-of-home or at risk of out-of-home placement
 - Ingham County resident
 - Multi-system involvement (an open case with Circuit Court-Family Division and/or DHS)



Team Members

- All family members (extended): the more family members, the better the process.
- Child/youth involvement: Although this is highly encouraged for the process to work, parents should decide their children's level of involvement.
- Agency personnel working with the family: child welfare worker, therapist, juvenile court officer, wrap facilitator.
- School personnel: principal, teachers, social worker, cafeteria aide, secretary, janitor, etc.
- Natural supports: Neighbors, friends, co-workers, coaches, faithbased individuals or anyone else the child/youth/family identifies.
- All other persons representing organizations from which the family/youth are receiving services.



Scope of Services Provided Through Impact

- Family Guidance Home-Based Services
- Wraparound Services
- Impact Family Advocates



Strategies

- Involve family and youth
- Develop, strengthen, and integrate policies and procedures
- Provide training, technical assistance, and workforce development
- Plan individualized services
- Provide quality improvement and assurance
- Align funding streams and structures
- Increase communications and social marketing



Key Outcomes

- Maximized functioning of children with SED and their families
- Reduced need for out-of-home placements
- Efficient use of resources
- Increased participation of families and youth in the development of the system
- A unified, family-driven, youth-guided, and culturally and linguistically competent system of care for children with SED and their families
- Increased community knowledge of the system of care and decreased stigma



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Contact Us

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