# Life Line Activities BINGO

**SCRABBLE** 

**CHESS** 

**BRIDGE** 

**MOVIES** 

**Discussion Panel** 

Health Fair & Fun Day

#### **Value Statement**

We value diversity, and will strengthen and support the integration of people into the life of our community. We value independence, and will serve as a community focal-point assuring access to a comprehensive array of supportive services. We value good health, and will offer health and wellness opportunities that will encourage healthy lifestyle behaviors, and discourage disability and disease. We value customer service, and will serve our clients and those who help us to serve our clients, with respect, sensitivity and confidentiality. We value education, and will provide life-long learning opportunities that will meet the needs and interests of our community's retirees.

A Non Profit organization committed to both advocating for and contributing to the health, enrichment, social and supportive service needs of City of Champaign residents age 55 and older.



Life Line 1601 W. Bloomington Rd Champaign, IL 61821 Phone: 217.355.3328

## Life Line

Senior Program



Monday 3 - 5 pm Tuesday 3 - 5 pm

Thursday 12 - 2 pm

1601 W. BLOOMINGTON CHAMPAIGN, IL 61821

Serving City of Champaign Residents age 55 and up

#### Mission Statement

To serve as a community focal point for seniors and their families in an atmosphere of respect, trust, empowerment and support and to provide a comprehensive program that meets the social, educational, health, recreational, spiritual and social service needs of persons 55 years of age and older; and help maintain their dignity and independence of senior living in the community.



#### **Annual Membership**

By becoming a member of the Life Line Seniors' Program, you'll have access to our unique activities specifically at a reduced rate. Life Line's age-friendly programs provide opportunities and motivation to those wanting to become and stay active. All non-members will pay an additional fee per class or program.

### **Benefits of Membership**

- Weekly Activities and classes..
- Access to computer lab with free Internet access and personalized help through the Computer Club
- Free annual picnic
- Free monthly health screenings
- Access to a wide range of programs promoting the six dimensions of wellness (physical, emotional, intellectual, spiritual, social and vocational)

Two guest passes (non-members can check out the program before committing to a membership)



NAME:	 	
ADDRESS	 	
PHONE		

\$5.00 per Class or Activity

Residents: \$20/year or \$30couple Non-Residents: \$30/year or \$45/ couple

Contact:
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Champaign, IL 61821

